






Team Pursuit / Random Acts of Kindness Combo Self-Hosted

Challenge List

NAME	DESCRIPTION	TYPE	POINTS
All Together	Partner with one or more teams and snap a photo of your groups spelling out "teamwork" using your bodies YMCA-style.	Photo	40
Artistic Flair	Have the most artistic person on your team draw a caricature of a teammate. Then snap a photo of the subject holding up the drawing of themselves. Review the guidelines at the link below to make sure all required caricature features are included in the drawing. https://blog.udemy.com/drawing-caricatures/	Photo	50
Balls in a Box	The first box has two white balls. The second box has two black balls. The third box has a white and a black ball. All boxes are labeled but all labels are wrong! You are allowed to open one box, pick one ball at random, see its color and put it back into the box without seeing the color of the other ball. How many such operations are necessary to correctly label the boxes?	Trivia	30
Belly Rub	Who can rub their stomach and pat their head at the same time? Find a teammate who can do this for at least 5 seconds and record a video of them in action.	Video	20
Big Inspiration	Write a very large and inspiring message for a passerby to read in the sand at a beach or a sand volleyball court or using borrowed chalk on a sidewalk. Snap a photo of your message.	Photo	30
Brain Boggle	Make four common four-letter words you can from the letters E A M N using all the letters in each word. Enter them all together in alphabetical order with only spaces between the words. Do not use commas or other punctuation.	Trivia	50
Brain Locker	At a high school with one thousand lockers and one thousand students, on the first day of class the principal asks the first student to go to every locker and open it. Then he has the second student go to every second locker and close it. The third goes to every third locker and, if it is closed, he opens it, and if it is open, he closes it. The fourth student does this to every fourth locker, and so on. After the process is completed with the thousandth student, how many lockers are open?	Trivia	70
Cab Fab	If you see someone trying to hail a cab, help them out by hailing one and holding it for them. Snap a photo of the stranger getting in the cab while a teammate gets the door for them.	Photo	30
Cart Return	Record a 5-second video of a teammate helping a grocery store attendant return at least five shopping carts from the parking lot to the store entrance or cart corral.	Video	50
Celebrity Doppelganger	Find someone in the room who looks like a celebrity or other famous person and snap a photo of that person holding up an image of the celebrity in the shot.	Photo	40
Cheerleaders	Go to a park and record a 5-second video of your team cheering for a group of people playing an organized sport such as soccer, football, basketball, or ultimate Frisbee.	Video	30

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Clean Team	Head to a nearby park or outdoor seating area where people go to enjoy lunch. Snap a photo of your team clearing off any table or bench that has leftover food, drinks, or trash on it.	Photo	30
Compliment Express	Record a 5-second video of a teammate offering a sincere compliment to a stranger or group of strangers.	Video	20
Commonalities	Determine your team's most unique commonality. Once you figure out the most unique thing your group has in common, write a rap or rhyme about it of at least 4 lines. Then record a 5-second video of a teammate performing it.	Video	20
Core Values	Snap a photo of a teammate demonstrating one of your company's core values. Enter the core value in the caption space.	Photo	30
Crabby	One team member must challenge a member of another team to a race. The catch is that this race must be completed on all fours, crab-style and belly up. Record a 5-second video showing the winner cross the finish line.	Video	30
Digital Connection	Have someone on your team text a friend they haven't heard from in a while just to say, "I'm thinking about you." Upload a screenshot of the message to complete this challenge.	Photo	30
Door Service	Take a photo of someone from your team holding a door for a stranger—preferably someone who has their hands full.	Photo	10
Eco Boost	Find an all-electric or hybrid car. Write a note thanking the driver for their eco-friendly choice and leave it under the windshield wiper. Snap a photo of your note on the car.	Photo	20
End Hunger Games	FreeRice.com donates rice throughout the world to help end world hunger each time you correctly answer a trivia question on their website. Correctly answer questions on FreeRice.com until you have earned 500 grains of rice to donate. Submit a screenshot of your charitable contribution to complete this challenge.	Photo	50
Family Fun	Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?	Trivia	20
Flower Power	Pick a wildflower from a public park and snap a photo of a teammate giving it to a stranger. Do not take a flower from a public or private garden.	Photo	20
Footbag	You may know it by the brand name "Hacky Sack", but footbag-style activities have existed for many years. Using a balled-up piece of paper or whatever is at your disposal, form a footbag circle with your team. Take a 5-second video of at least 3 team members successfully passing the "bag" around the circle using their feet, knees, head, or any other body part except for hands.	Video	50
From a Land Far, Far Away	Who lived in another country when they were growing up? Take a photo of that person and enter their name and country where they grew up in the caption space.	Photo	10
Go Green	We all need to do our part to help the environment. Go to EarthDay.org/TakeAction and have each teammate make a pledge to keep helping the Earth in one of the ways listed on the site. Submit a photo of a teammate filling out the pledge form to complete this challenge.	Photo	30
Good Vibrations	Create a 10-song playlist of the happiest, feel good, most upbeat songs you can think of, and enter your list as text including artists and song titles.	Text	20
Helping Hand	Record a 5-second video of your team giving someone a hand in completing a task they are working on such as setting up cones or a net to play a game in a park, carrying a heavy item, or trying to fly a kite.	Video	30

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Hey Macarena!	Record a 5-second video of your entire team doing the Macarena mid-dance.	Video	40
Hi Grandma!	Record a 5-second video someone on your team calling their grandparents or parents on speakerphone just to say, "I love you".	Video	30
Hidden Characters	<p>Can you read the hidden word below? Once you've figured it out, type the answer in the space provided.</p> 	Trivia	20
High-Fives	Snap a photo of your entire team giving high-fives to a group of random strangers.	Photo	20
Hydration Nation	With all this spreading of cheer going around, you're bound to work up a thirst. Be kind to yourself and get a drink of water at a public fountain. Take a photo of a teammate quenching their thirst.	Photo	10
It's All in the Name	Make an anagram of your team's name and the name of an iconic celebrity to make up a phrase or a new name. Write it down and snap a photo of the answer. All letters MUST be used.	Photo	30
Knights of the Crosswalk	Ask someone if you can help them cross a busy street and snap a photo together once you get to the other side.	Photo	30
Language Skills	Take a video of someone saying, "It is fun getting to know you" in a language other than English.	Video	20
Lend an Ear	Ask a stranger to tell what they're most grateful for today and record a 5-second video of their response.	Video	40
Let's Get Physical	At least two members of your team must complete five burpees. Have the rest of the team count them off and record a 5-second video of the 5th burpee.	Video	60
Lucky Find	Leave a coin on the sidewalk for someone to find and pick up. Hide somewhere and wait until a lucky stranger finds and picks it up. Snap a photo of the coin being picked up.	Photo	10
Moon Mission	Who was the first man on the moon? Take the number of letters in the person's name and multiply that number by itself. Then subtract the flight's mission number from that total. Enter the number you calculated to complete this challenge.	Trivia	60
Picto Puzzle	<p>Solve this picto puzzle and type in your answer to complete this challenge.</p> 	Trivia	10
Positive Poetry	Write a poem or limerick to your boss. Then record a 5-second video of someone on your team reciting it. Be sure to use the boss's name in the poem.	Video	30

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Positive Workplace	Make a list of 15 things your team loves about your coworkers and where you work and enter it as text to complete this challenge.	Text	30
Potty Ponder	Write a note with a positive slogan and stick it up in the stall of a public restroom. Take a photo of your team's handiwork.	Photo	30
Second Chance	Share a teammate's story about a time they wish they had the opportunity to do something kind for someone but didn't. Explain what they would have done for that person if they had a second chance. Type in your answer to complete this challenge.	Text	20
Shake 'n' Bake	Your team needs to come up with a unique handshake with at least five different moves. Record a 5-second video of at least two team members demonstrating the handshake.	Video	20
Show Your True Colors	Who in the room is wearing the most brightly colored socks? Snap a photo of them showing off their colorful accessory.	Photo	30
Sign of the Times	According to American Sign Language, what letter of the alphabet does this hand gesture represent? 	Trivia	10
Social Media Shout Out	Write a social media post to show your appreciation for a Facebook friend or Twitter follower. Add the hashtag #faithinhumanity so you can help start a movement! Submit a screenshot of your post.	Photo	10
Spread the Love	Find an inspirational story from today's news and share it on teammate's Facebook feed. Submit a screenshot of the post.	Photo	20
Suspects	Five suspects were being interviewed by the police after a heist. Below is a summary of their statements. Exactly five of these statements were true. Based on those facts, who committed the crime? Aaron said, "It wasn't Barry. It was Cedric." Barry said, "It wasn't Aaron. It was Dan." Cedric said, "It wasn't Dan. It wasn't Barry." Dan said, "It wasn't Eric. It was Aaron." Eric said, "It wasn't Cedric. It was Dan."	Trivia	60
Tasty Trivia	You throw away the outside and cook the inside. Then you eat the outside and throw away the inside. What is it?	Trivia	20
Team Kindness	Complete a random act of kindness for another team and snap a photo of your two teams together. Describe your act of kindness in the caption space.	Photo	40

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Tic-Tac-Toe	<p>If you place six Xs on the Tic-Tac-Toe board without making three in a row in any direction AND use the square with the number 2, what would the sum of the numbers in those squares be?</p> <table border="1" data-bbox="401 267 575 430"> <tr> <td>2</td> <td>3</td> <td>5</td> </tr> <tr> <td>7</td> <td>11</td> <td>13</td> </tr> <tr> <td>17</td> <td>19</td> <td>23</td> </tr> </table>	2	3	5	7	11	13	17	19	23	Trivia	40
2	3	5										
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Tongue Twister	<p>Take a 5-second video of one of your team members mastering the Tongue Twister below:</p> <p>She sells seashells by the seashore. The shells she sells are surely seashells. So if she sells shells on the seashore, I'm sure she sells seashore shells.</p>	Video	40									
Tweet-spiration	<p>Post a team selfie to a teammate's Twitter account with a feel-good inspiring quote and hashtag #RAOK. Submit a screenshot of the post.</p>	Photo	30									
Web Love	<p>Find an article on the internet where a commenter posted something mean, negative, or unfair about the subject of the story in the comments section. Reply to their comment with something nice to say about the subject and submit a screenshot of your positive post.</p>	Photo	30									
Work Out	<p>Locate an outdoor worker (like a park maintenance person or a window washer) and ask if you can help them with their job. Take a photo of your team helping the worker and write what you did to help in the caption space.</p>	Photo	10									
Yelp Help	<p>Write a positive review for a bar, restaurant, or venue that you've appreciated recently on Yelp or a similar review website. Submit a screenshot of your posted review.</p>	Photo	20									
You Are Awesome	<p>Write a personal message to someone who works in a restaurant, store, or public service facility - preferably someone who has served or helped you before. Make it personal and meaningful to make the person feel special. Then take a photo of the message you wrote in the card before giving it to the person.</p>	Photo	30									
What am I?	<p>I am primarily made of calcium. I protect and act as camouflage. I can be found as a filler in common house hold spices. What am I?</p>	Trivia	30									
Worst. Dance off. Ever.	<p>Challenge another team to a dance off. One team must perform "The Chicken Dance" while the other responds with "The Macarena." The team you challenge gets to pick their dance. Take a five-second video of the dance battle.</p>	Video	60									