


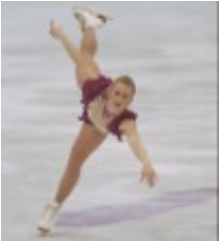
Office Olympics Challenge List

	Challenge Name	Challenge Description	Photo	Type	Points
1	Start Here	Tips and Tricks		Photo	1
2	A Medal for All Seasons	How many athletes have won medals in both the winter and summer Olympics? •2 •3 •4 •5		Multiple Choice	30
3	Ancient Tradition	Select the best answer to fill in the blank. In the ancient Olympic Games, athletes competed _____. •In the nude •For 24 hours a day •While fasting		Multiple Choice	30
4	Art of the Olympics	True or False: For over 30 years in the early 20th century, artists such as painters, sculptors, architects, writers and musicians competed for medals in their fields. •True •False		Multiple Choice	20
5	Athletic Ambition	Who on your team has trained to compete in a sport at some point in their life? Snap a photo of that person posed as if competing and enter the sport in the caption space.		Photo	40
6	Athletic Equality	The first time all participating countries had female competitors was during which Olympic Games? •1984 Los Angeles •1992 Barcelona •2000 Sydney •2012 London		Multiple Choice	30
7	Awkward Expressions	When focused on their performance, Olympians sometimes make strange faces. Snap a photo of everyone on your team making their most unusual and focused expression.		Photo	40
8	Bidding War	How many cities placed a bid to host the 1932 Summer Olympics? •1 •10 •20 •35		Multiple Choice	40
9	Canadian Games	How many Canadian cities have hosted the Olympic Games? •3 •2 •1		Multiple Choice	20
10	Chinook Chaos	Due to warm and dry Chinook winds causing extreme fluctuations in temperature and melting the snow, in what year were some Winter Olympic games held on artificial snow for the first time? •1980 •1988 •2002 •2010		Multiple Choice	20
11	Colorful Rings	Other than the three primary colors, what other colors are on the Olympic Rings? Enter the two colors in alphabetical order separating them with only a space.		Trivia	20
12	Committee Founding	The International Paralympic Committee was founded in 1989 in what city? •Düsseldorf •Oslo •Stockholm		Multiple Choice	30
13	Cool Runnings	The Jamaican bobsledding team who inspired the film Cool Runnings, made their memorable debut at the Winter Olympic Games in what Canadian city?		Trivia	40
14	Dancing on Ice	Record a 5-second video of a teammate doing their best figure skating moves without ice skates.		Video	40

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15	Deadly Games What is the deadliest Olympic sport? <ul style="list-style-type: none"> •Boxing •Diving •Equestrian •Weightlifting 		Multiple Choice	40
16	Debut Sports Which sport is not new to the 2020 Tokyo Olympics? <ul style="list-style-type: none"> •Baseball •Break Dancing •Skateboarding •Surfing 		Multiple Choice	30
17	Double First In 1900, Constantin Henriquez became the first black athlete to compete at the Olympics, and the first black gold medalist. In what sport did he compete? <ul style="list-style-type: none"> •Boxing •Equestrian •Fencing •Rugby 		Multiple Choice	30
18	Elderly Olympian At what age did the oldest Olympian win a silver medal? <ul style="list-style-type: none"> •45 •58 •63 •72 		Multiple Choice	30
19	Equality First Which sport has been part of the Summer Olympic Games since 1964 and for the first time in Games' history was open to both women and men competing in the sport from its inception? <ul style="list-style-type: none"> •Basketball •Soccer •Volleyball 		Multiple Choice	30
20	Essential Values Name the three Olympic values in alphabetical order. Separate each word with a space. Do not use commas or other punctuation.		Trivia	60
21	Female First Margaret Abbott was the first US woman to win a gold medal in what sport? <ul style="list-style-type: none"> •Golf •Marathon •Tennis 		Multiple Choice	30
22	Female Football In what year was women's football added as an official sport of the Olympics? <ul style="list-style-type: none"> •1992 Barcelona Games •1996 Atlanta Games •2004 Athens Games 		Multiple Choice	30
23	Figure Skating First Figure skating first became an Olympic sport in what year? <ul style="list-style-type: none"> •1928 •1936 •1904 •1908 		Multiple Choice	30
24	Find Your Rhythm Create a rhythmic gymnastics routine that includes at least 5 movements. Record a 5-second video of at least two teammates performing it in sync.		Video	40
25	Floor Snap a photo of a teammate posed in a unique position reminiscent of a floor gymnastics routine.		Photo	30
26	Global Colors True or False: At least one of the Olympic Rings' colors appears on every national flag. <ul style="list-style-type: none"> •True •False 		Multiple Choice	20
27	Go George! In 1904, American gymnast George Eyser won 6 medals while wearing a prostheses on his left leg. What was the main material used to make his prostheses? <ul style="list-style-type: none"> •Plastic •Steel •Stone •Wood 		Multiple Choice	40

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28	Gold Medal Champion	Who has won the most gold medals in their Olympic sport? •Usain Bolt •Carl Lewis •Paavo Nurmi •Michael Phelps		Multiple Choice	40
29	Gold Medals	The last Olympic gold medals that were made entirely out of gold were awarded in what year? •1912 •1928 •1932 •1948		Multiple Choice	30
30	Greek God	Who was the Greek god honored by the ancient Olympic games?		Trivia	40
31	Greek Revival	Approximately how many years after Theodosius I abolished the Olympic Games did Pierre de Coubertin initiate their revival? •500 •1000 •1200 •1500		Multiple Choice	20
32	Home Turf	Which freestyle skier won Canada's first ever gold medal on home soil at the 2010 Winter Olympics? •Davey Barr •Veronika Bauer •Alex Bilodeau •Kristi Richards		Multiple Choice	20
33	Host Countries	Which city has never hosted an Olympics? •Helsinki •Madrid •St. Louis		Multiple Choice	20
34	How Long?	The modern pentathlon consists of fencing, swimming, equestrian jumping, shooting, and running what distance? •1000m •2400m •3200m		Multiple Choice	30
35	Leading Lady	Identify the Olympic medalist below who has won 9 medals (both gold and silver) in Track and Field and is the most decorated female Olympic athlete in her sport. •Evelyn Ashford, •Allyson Felix •Sanya Richards-Ross		Multiple Choice	30
36	Light It Up	Create an Olympic torch out of whatever materials are available and snap a photo of a team member running with it.		Photo	50
37	Marksmanship Master	Who has the best marksmanship? Record a 5-second video of a teammate tossing a balled-up piece of paper or another object into a wastebasket or other bin that is far away from them.		Video	40
38	Mascot Mayhem	The first official Olympic mascot was Waldi at the 1972 Games in Munich. What kind of animal was Waldi? •bird •cat •dog •monkey		Multiple Choice	30
39	Masterful Maneuvers	In what Winter Olympic sport are terms such as "stalefish" and "mulekick" used?		Trivia	20
40	Memorabilia	Who on your team has a piece of Olympics memorabilia? Snap a photo of that person holding it up for the camera.		Photo	60

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41	Metal Medals Gold medals are mostly made of what metal? <ul style="list-style-type: none"> •Gold •Silver •Bronze •Copper 		Multiple Choice	20
42	Modern Games What country hosted the second modern Olympics? <ul style="list-style-type: none"> •France •United Kingdom •United States 		Multiple Choice	40
43	Modern Pentathlon Which of the following is NOT part of the modern pentathlon competition? <ul style="list-style-type: none"> •Horseback Riding •Long jump •Shooting 		Multiple Choice	30
44	Most Popular Unscramble the letters below to spell out the most popular Summer Olympic sport based on viewership. ACGIMNSSTY		Trivia	30
45	Name This Olympian Type in the first and last name of this famous Olympic gold medalist.		Trivia	50
46	Olympic Attitude After winning an Olympic medal, athletes must feel like this. Solve the rebus puzzle below and type in your answer.		Trivia	40
47	Olympic Endurance How many hours did the longest wrestling match in Olympic history last? <ul style="list-style-type: none"> •7 •9 •11 •13 		Multiple Choice	30
48	Olympic Motto What does the Olympic motto translate to in English: Citius Altus Fortius <ul style="list-style-type: none"> •Faster Higher Stronger •Higher Stronger Faster •Stronger Faster Higher 		Multiple Choice	40
49	Olympic Tarzan Name the athlete-turned-actor who played Tarzan in 12 movies and won five gold medals in swimming in the 1920s.		Trivia	60
50	Paralympic Logo The logo below is from the Summer Paralympic Games in what city? <ul style="list-style-type: none"> •Beijing •Sydney •Tokyo 		Multiple Choice	40

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51	Paralympic Milestone	In what year did the first competition for wheelchair athletes take place, a milestone for Paralympics history? •1948 •1960 •1976 •1982		Multiple Choice	30
52	Paralympic Values	Name one of the four Paralympic values.		Trivia	60
53	Pay It Forward	In February 2020, Paralympian Fabio Torres and his wife created a foundation to deliver what to disadvantaged people in his home city of Bogota, Colombia. •Clean Water •Electricity •Food		Multiple Choice	30
54	Ring Representation	Creatively use whatever materials are available to create your own version of the Olympic rings with all 5 colors represented. Snap a photo of your team's rings.		Photo	50
55	Rising Phoenix	"Rising Phoenix" is a documentary telling the stories of 9 current Paralympians produced by a 17-time Paralympic medalist named _____. •Tatyana McFadden •Jonnie Peacock •Bebe Vio		Multiple Choice	30
56	Sandy Sport	Name the only Olympic sport played exclusively on sand.		Trivia	40
57	Scrambled Olympian	Unscramble the name below. Hint this athlete is an American gymnast with a total of 30 Olympic and World Championship medals. BEEIILMNOSS		Trivia	40
58	Significant Flame	What is the name of the torch that is carried to and lit at Special Olympics Games? •Flame of Excellence •Flame of Hope •Flame of Inspiration		Multiple Choice	40
59	Skating Scandal	Name the Olympic figure skater pictured below who was banned from the US Figure Skating Association after being involved in an assault on her rival.		Trivia	30
60	Sleigh the Day	Using whatever is available, take a photo of your team posed as if you're participating in a bobsleigh race.		Photo	50
61	Snowboarding Sensation	True or False: The first Olympic Gold Medalist in snowboarding is Chinese. •True •False		Multiple Choice	10
62	Spare No Expense	In what city was the most expensive Winter Olympic Games held? •Sochi •Pyeongchang •Vancouver		Multiple Choice	10
63	Special Olympics Around the World	The Special Olympics provides year-round training and activities to how many participants in 172 countries each year? •Over 3 million •Over 4 million •Over 5 million •Over 6 million		Multiple Choice	50
64	Spectators	Who on your team has watched an Olympic or Paralympic game in person? Snap a photo of that teammate and enter the sport and location in the caption space.		Photo	50
65	Stick the Landing	Snap a photo of a teammate posed as if they just perfectly landed a difficult floor gymnastics move.		Photo	20

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66	Stone Sweeping	In what Winter Olympic sport are stones and brooms used?		Trivia	20
67	Striking Ensemble	Using any clothing or materials that are available, snap a photo of a teammate showing off their best ice dancing attire fit for the ice rink!		Photo	50
68	Summer Debut	Which sport made its Olympic debut in the 1920 Summer Olympics? •Figure skating •Ice hockey •Soccer •Tennis		Multiple Choice	40
69	Summer Games	Which of these is not a Summer Olympic sport? •Biathlon •Modern Pentathlon •Mountain Biking •Taekwondo		Multiple Choice	20
70	Summer in Atlanta	True or False: The 1988 Summer Olympics were held in Atlanta, Georgia. •True •False		Multiple Choice	20
71	Swimming with Style	_____ is a form of swimming in the Summer Olympics that has its origins in water acrobatics.		Trivia	50
72	Table Tennis	True or False: Table Tennis is an Olympic sport. •True •False		Multiple Choice	10
73	Team Logo	Create your team's very own Olympic logo that includes your team name and a creative design feature. Snap a photo of a teammate holding it up for the camera.		Photo	40
74	Tennis Timeout	True or False: Tennis was played at the Olympics until 1924, then reinstated in 1988. •True •False		Multiple Choice	10
75	The Disney Touch	In what year was Walt Disney the head of the Olympic committee that organized the opening day ceremonies in Squaw Valley?		Trivia	50
76	Time Span	An Olympiad is a period of how many years.		Trivia	30
77	Traveling Torch	True or False: The unlit Olympic torch has been taken into space. •True •False		Multiple Choice	10
78	Tug of War	True or False: Tug of War was once an Olympic Summer event. •True •False		Multiple Choice	20
79	Unique Skillset	The following skills are part of what Summer Olympic sport: jerk, snatch, clean		Trivia	30
80	Winners' Wreaths	What kind of wreath was awarded to winners of the ancient Olympic Games?		Trivia	40
81	Women's First	In what year were women first permitted to compete in the Olympics? •1896 •1900 •1904 •1908		Multiple Choice	30