TEAM BUILDING

Team Pursuit Youth

Challenge List

NAME	DESCRIPTION	TYPE	POINTS
Start Here	Before getting started, you must understand the rules of the activity:		
	Read each challenge carefully, and complete it exactly as it's written.		
	Challenges are completed by taking photos, videos or submitting text responses as directed.		
	When a challenge requires the entire team to be in a photo, it is understood that one person must snap the photo and will not be in it.	Photo	1
	Challenges may be completed in any order and are worth different point values, so you will need to strategize to complete as many as possible within the time limit.		
	Once you've read and understand the rules, type OK to get started.		
#GentleMinions	Using whatever materials you can find, create Minion goggles for a member of your team. Snap a photo of them wearing the goggles and posed as a very confident Minion	Photo	20
#smallwins	Find a person who has had a #smallwin recently. Take their picture and write their win in the caption.	Photo	30
Air Band Geeks	Who plays an instrument? Find at least three band geeks and have them hold "air" versions of their instruments. Record a 5-second video of them playing part of a song. Keep video to under 5 seconds for ease of upload.	Video	20
All Together	Partner with one or more teams and snap a photo of your groups spelling out "teamwork" using your bodies YMCA-style.	Photo	40
Ambidextrous	Record a 5-second video of a teammate legibly signing their name using both hands at the same time. Keep video to under 5 seconds for ease of upload.	Video	40
Animal House	Who has at least two different pets at home? Take a photo with that person showing a photo of at least one of their pets and write their name in the caption space.	Photo	20
Artistic Flair	Have the most artistic person on your team draw a caricature of a teammate. Then snap a photo of the subject holding up the drawing of themselves. Review the guidelines at the link below to make sure all required caricature features are included in the drawing. https://blog.udemy.com/drawing-caricatures/	Photo	50
Award-Winner	Who has won an award? Have them recreate their award out of whatever they can find and take a picture posing with it. Write the name of the award in the caption.	Photo	20

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Balls in a Box	The first box has two white balls. The second box has two black balls. The third box has a white and a black ball. All boxes are labeled but all labels are wrong! You are allowed to open one box, pick one ball at random, see its color and put it back into the box without seeing the color of the other ball. How many such operations are necessary to correctly label the boxes?					
Belly Rub	Who can rub their stomach and pat their head at the same time? Find a teammate who can do this for at least 5 seconds and record a video of them in action. Keep video to under 5 seconds for ease of upload.					
Big Plans Already	Who knows exactly what job they want when they grow up. Find them, take their picture and write the job in the caption.	Photo	20			
Bookwork	Who has a library card? Take a picture of the person holding their library card and good book. (Make sure you cover the card number!)	Photo	20			
Bottles Up	Find two team members who have reusable water bottles. Take a picture of them giving each other a "cheers" for sustainability!	Photo	30			
Brain Boggle	Make four common four-letter words you can from the letters E A M N using all the letters in each word. Enter them all together in alphabetical order with only spaces between the words. Do not use commas or other punctuation.	Trivia	50			
Brain Locker	At a high school with one thousand lockers and one thousand students, on the first day of class the principal asks the first student to go to every locker and open it. Then he has the second student go to every second locker and close it. The third goes to every third locker and, if it is closed, he opens it, and if it is open, he closes it. The fourth student does this to every fourth locker, and so on. After the process is completed with the thousandth student, how many lockers are open?	Trivia	70			
Can We Skip to the Good Part	Who on your team has had some good news lately? Take a picture of them, and summarize their good news in a sentence in the caption.					
Celebrity Doppelganger	Find someone in the room who looks like a celebrity or other famous person and snap a photo of that person holding up an image of the celebrity in the shot.					
Cheer Squad	Any cheerleaders members in the group? Make up a 5 second cheer for your team, and record a video of your whole team performing it. (No flips, jumps or stunting - we don't want anyone to get hurt!) Keep video to under 5 seconds for ease of upload.		30			
Connect the Dots	Using the image below as a guide, connect the dots on another piece of paper without using the dots. Once your drawing is complete, write one word to describe what it is and snap a photo of it.	Photo	30			
Core Memories Challenge	Have a teammate share a core memory. Make a 5 second video of them showing their core memory using objects only, no talking! Keep video to under 5 seconds for ease of upload.		40			
Cottagecore	Find someone giving cottagecore vibes. Take a picture of them showing off this aesthetic.	Photo	20			

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Crabby	One team member must challenge a member of another team to a race. The catch is that this race must be completed on all fours, crab- style and belly up. Record a 5-second video showing the winner cross the finish line. Keep video to under 5 seconds for ease of upload.				
Creative Souls	Have your entire team empty their pockets. Create a free-standing bridge structure with these items and snap a photo.				
Dance Challenge	Time to vibe. Take a 5 second video with your team doing a TikTok dance challenge. Keep video to under 5 seconds for ease of upload.				
Digital Pets	Who is caring for a digital pet? Find the person on your team who has kept their pet alive the longest, and snap a photo of them.	Photo	20		
Do You or Do You Not Feel Bonita?	Who on your team is feeling "bonita" (beautiful) today? Take a 5 second video of them posing and proclaiming: "I feel bonita!" Keep video to under 5 seconds for ease of upload.	Video	30		
Everyday I'm Jugglin'	Who can juggle? Take a 5-second video with that person juggling three or more objects. Keep video to under 5 seconds for ease of upload.	Video	20		
Family Fun	Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?	Trivia	20		
Fashion Statement	Create the most extravagant hat you can fashion out of whatever materials are available and snap a photo of a teammate wearing it.	Photo	40		
Fidgety	Who has a fidget toy that they use to help focus? Take a picture of them playing with their favorite fidget!	Photo	30		
Field Goal	Find a sheet of paper and follow the instructions from the link below to fold it into a football. Then challenge another team to a field goal shootout. A member of the opposing team should hold their index fingers up with their thumbs touching, to mimic the shape of a goal post. Record a 5-second video of a teammate "kicking" the football through the goal post by using their fingers to get it across the table and through the goal post. The football must make it through the goal post to earn points. www.youtube.com/embed/a4hd1jigqLs	Video	50		
From a Land Far, Far Away	Who lived in another country when they were growing up? Take a photo of that person and enter their name and country where they grew up in the caption space.		10		
Frugal Finds	What's your best frugal tip? Find someone in your group and record a video of them telling you their best frugal purchase in 5 seconds. Keep video to under 5 seconds for ease of upload.		40		
Get Real	Who loves reality TV? Snap a photo of someone re-enacting a moment from their favorite reality show and enter the show's title in the caption space.	Photo	30		
Going Viral	Find someone who as gotten a social media post past 10,000 views. Take a picture of them with the post shown on their phone.	Photo	30		
Green Thumb	Who is a plant parent, or at least can keep something green alive. Take a photo of them showing off their green thumb.	Photo	20		
Hair Flips	Who does the best hair flip in your group? Take a 5 second video of them whipping their hair back and forth. Keep video to under 5 seconds for ease of upload.	Video	20		

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Head Rush	Who can do a headstand for 30 seconds? It's okay to use walls or other people to help keep them propped up. Once your teammate is upside down, the rest of the team should count off 30 seconds. Take a photo at the 25 second mark!	Photo	30
Hidden Characters	Can you read the hidden word below? Once you've figured it out, type the answer in the space provided.	Trivia	20
How Low Can You Go?	Snap a photo of a team member completing a limbo challenge as low as they can go under a unique object.	Photo	30
I Brought Lunch	Who brought lunch today? Take a picture of them showing off their lunchbox with pride!	Photo	20
In the Barn	Record a 5-second video of a teammate drawing the image of the barn below without lifting the pencil or pen off the paper. Keep video to under 5 seconds for ease of upload.	Video	20
Infamous Impression	Find someone who does an outstanding impersonation of a celebrity or animated character and record a 5-second video of them in action. Keep video to under 5 seconds for ease of upload.	Video	50
Influencer	Who in the room is popular enough to have more than 500 followers on TikTok? Take a photo of their social media page showing off their total number of followers.	Photo	30
Journal Keeper	Find someone with a beautiful journal. Take a picture of them holding up their prized notebook!	Photo	20
Let's Get Physical	At least two members of your team must complete five burpees. Have the rest of the team count them off and record a 5-second video of the 5th burpee. Keep video to under 5 seconds for ease of upload.	Video	60
Lip Sync Challenge	Find the best lip-syncer in your group. Film 5 seconds of them performing the perfect lip-sync to their favorite song. (Be sure we can hear the music playing on another device!) Keep video to under 5 seconds for ease of upload.	Video	40
Marvel Universe	Find someone who has seen at least 3 Marvel movies. Have them pose as their favorite Marvel character and snap a photo! Type the name of the character in the comments.	Photo	20

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Mental Heath Matters	As a group, write down 10 mental health actions you take to live your best life. Take a picture of the paper to earn points.	Photo	50		
Moon Mission	Who was the first man on the moon? Take the number of letters in the person's name and multiply that number by itself. Then subtract the flight's mission number from that total. Enter the number you calculated to complete this challenge.				
Morse Code	What does this Morse code phrase spell out? · · · · · ·	Trivia	10		
Nail Care	Who's got the best nails! Find someone whose hands had gotten a glow up. Take a picture of those nails to earn points	Photo	20		
No More Side Parts	Side parts are out! Find someone with their hair parted down the middle. Take a picture of them giving their best model face.	Photo	20		
Now You See MeNow You Don't	Using anything you can find in the room, your team must build a structure that is taller than the shortest person in your team. Take a photo of your teammates hiding behind the structure.	Photo	50		
Oat Milk Only	Who prefers non-dairy milk in their coffee? Find them, take their picture and write the type of milk they prefer in the caption.	Photo	20		
Pass the Phone	Let's try a new twist on the Pass the Phone trend. Record a 5 second video, passing the phone to team members and calling out their best qualities. You must call out 2 team members minimum. Keep video to under 5 seconds for ease of upload.	Video	50		
Picto Puzzle	Solve this picto puzzle and type in your answer to complete this challenge.	Trivia	10		
Plant-Based	Find someone who is eating a plant-based diet (vegetarian, vegan, and flexitarians are all invited!) Take their picture and write their favorite protein in the comments.	Photo	20		
Pokemon Trainer	Who is, or has been, a Pokemon Trainer? Take a video of them shouting "I Choose You, Pikachu"	Video	20		
Rebus	Solve this rebus and type in your answer to complete this challenge. $\sqrt{-1} 2^3 \sum_{and \ it \ was \ delicious.} \pi$	Trivia	20		

NAME	DESCRIPTION	TYPE	POINTS	
Rebus Roundup	Solve this rebus and type in your answer to coplete this challenge.	Trivia	10	
Role Play	Who has appeared (even in a small part) in a TV show, stage play or movie? Take a photo with that person re-enacting their big scene and write their name in the caption space.	Photo	20	
Shake 'n' Bake	Your team needs to come up with a unique handshake with at least five different moves. Record a 5-second video of at least two team members demonstrating the handshake. Keep video to under 5 seconds for ease of upload.	Video	20	
Shorter or Longer	What word becomes shorter when you add two letters to it?	Trivia	10	
Show Your True Colors	Who in the room is wearing the most brightly colored socks? Snap a photo of them showing off their colorful accessory.	Photo	30	
Shufflin' for Cupid	Who knows The Cupid Shuffle? Have them teach your team, and then take a 5 second video of your team doing the Cupid Shuffle in perfect unison. Keep video to under 5 seconds for ease of upload.			
Sign of the Times	According to American Sign Language, what letter of the alphabet due this hand gesture represent?	Trivia	10	
Sing Along	Choose a popular song and rewrite the lyrics to be about your team. Record a 5-second video of your team performing it and enter the original song's title in caption space. Keep video to under 5 seconds for ease of upload.	Video	40	
Slime Shops	Who here has made their own slime? Take a picture of them and type their favorite slime texture in the comments	Photo	30	
Smudge the Cat	Using as many team members as you need, recreate the Women Yelling at Cat meme (see image)	Photo	20	
Speedy Swans	Search online for instructions to fold an origami swan. Then each player on your team should find a piece of paper and successfully make a paper origami swan. When all swans are complete, snap a photo of all teammates holding their paper swans.	Photo	60	

NAME			DESCRIPTION	TYPE	POINTS
Stardom			ites' fingers to create a star as shown in the image below and snap a photo of your star framing something that chool or group.	Photo	40
Suspects	statemen Aaron sa Barry sai Cedric sa Dan said	nts were t aid, "It wa id, "It was aid, "It was I, "It wasr	re being interviewed by the police after a heist. Below is a summary of their statements. Exactly five of these true. Based on those facts, who committed the crime? sn't Barry. It was Cedric." sn't Aaron. It was Dan." asn't Dan. It wasn't Barry." n't Eric. It was Aaron." I't Cedric. It was Dan."	Trivia	60
Swifties			viftie. Record 5 second of them singing their favorite Taylor Swift song. der 5 seconds for ease of upload.	Video	50
Talent Show	team sho	Find a teammate with a hidden talent and ask them to teach the skill to the rest of the team. Take a 5-second video of everyone on the team showing off their new talent. Keep video to under 5 seconds for ease of upload.			
Tasty Trivia	You throw	You throw away the outside and cook the inside. Then you eat the outside and throw away the inside. What is it?			
Teen Entrepreneur		Find someone in the room who has started a small business (doesn't matter how big!) Take a picture of them and write what they sold in the caption			20
The Days of Our Lives		Name 4 days of the week that start with "T" in alphabetical order. Separate your answers with spaces. Do not use commas or other punctuation.			20
Thumb War		Have a teammate challenge someone from another team to a thumb war and record a 5-second video of their battle for victory. Keep video to under 5 seconds for ease of upload.			40
Tic-Tac-Toe			s on the Tic-Tac-Toe board without making three in a row in any direction AND use the square with the number 2, what the numbers in those squares be?	Trivia	40
	17 1	19 23			

NAME	DESCRIPTION	TYPE	POINTS		
To Be or Not To Be	Who can recite at least 4 lines from a Shakespearean play from memory? Record a 5-second video of them acting out the lines in truly dramatic Shakespearean fashion. Keep video to under 5 seconds for ease of upload.				
Tongue Twister	Take a 5-second video of one of your team members mastering the Tongue Twister below: She sells seashells by the seashore. The shells she sells are surely seashells. So if she sells shells on the seashore, I'm sure she sells seashore shells. Keep video to under 5 seconds for ease of upload.	Video	40		
Twinning	Search for two people in the room who are dressed identically and snap a photo of them together.	Photo	30		
Uggs	Find someone who has a pair of Uggs. Take a picture of them showing off their footwear, Uggs or not.	Photo	40		
Volunteering	Find someone who does community service for a local organization. Take a picture of them and write the name of the organization in the comments.	Photo	20		
Voting Matters	Our generation has the power to shape the future. Take a video of your whole team saying "I Will Vote!" Keep video to under 5 seconds for ease of upload.	Video	50		
Walk the Plank	Record a 5-second video of at least one member holding a high plank position with their back straight and only hands and feet touching the ground. Keep video to under 5 seconds for ease of upload.	Video	10		
Wanna See My Renegade?	Who's got the best Renegade? Challenge another team to a "Renegade off," and video a team member from each team performing full out. Keep video to under 5 seconds for ease of upload.	Video	50		
What am I?	I am primarily made of calcium. I protect and act as camouflage. I can be found as a filler in common house hold spices. What am I?	Trivia	30		
What am I? 2	For some I go fast. For others I'm slow. To most people I'm an obsession. To trust in me is a well-practiced lesson. What am I?	Trivia	20		
What am I? 3	I can run, but I don't sprint. Wherever I go, thought is close behind. What am I?	Trivia	20		
Whistle While You Work	Find someone who can whistle a tune or whistle loudly and record a 5-second video of them doing it. Keep video to under 5 seconds for ease of upload.	Video	40		

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Yoga-Schmoga	Find someone to hold the "crow" yoga pose long enough to take a photo of them in the position.	Photo	70